

	OPERATING PROCEDURE	
	<i>OBSTETRICS & EMERGENCY CHILD BIRTH</i>	
	Effective Date: November 1, 1986	Revised: October 1, 2000
	Approved By:	
		Approved By Operational Medical Director:
		

BLS

1. Perform initial patient assessment and obtain pertinent medical history.
2. Maintain a patent airway and administer OXYGEN as needed.
3. Assess the patient for signs of impending delivery:
 - A. Number of previous deliveries vs. number of previous pregnancies.
 - B. Contractions < 2 minutes apart, lasting 30 to 45 seconds.
 - C. Crowning or bulging.
 - D. Mother feeling need to move bowels.
4. If the delivery does not appear imminent, position and transport in left lateral recumbent position.
5. Reassess the patient frequently.
6. If delivery is imminent, prepare for delivery:
 - A. Take body substance isolation precautions (gowns, mask, glasses).
 - B. Control delivery, prevent head from "exploding" from vagina.
 - C. Support the head during delivery.
 - D. Suction mouth and nose after delivery of the head.
 - E. Remove cord from around neck if needed.
 - F. Gently guide the head downward until the upper shoulder delivers.
 - G. Gently guide the head upward until the other shoulder delivers.
 - H. Keep the newborn at perineum level until the delivery is complete, the cord is clamped at 8 & 10 inches from the newborn, and the cord is cut between the clamps.
 - I. Care for the newborn per Neonatal Resuscitation Protocol.
 - J. Record the time of birth.

<i>OBSTETRICS & EMERGENCY CHILD BIRTH (6.3.09)</i>		
Effective Date: November 1, 1986	Revised: October 1, 2000	Page <u>2</u> of <u>2</u>

7. If excessive postpartum hemorrhage is present:
 - A. Control external perineal bleeding by direct pressure to lacerations.
 - B. Perform uterine massage.
 - C. If possible, encourage the mother to nurse the newborn.
8. Prepare for delivery of the placenta during transport. Do not delay transport. Transport placenta with patient in a red plastic bag.

ALS ONLY

9. Connect patient to cardiac monitor and document rhythm strip.
10. Establish an IV of 0.9% Sodium Chloride. Initiate fluid resuscitation as necessary to maintain an acceptable blood pressure.

MEDICAL CONTROL ONLY

- 11. Administer 50/50 concentration of NITROUS OXIDE/OXYGEN**